

Intermediate 2 Level Class Schedule

Schedule start

Time Interval

9:00

30 min

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
9:00	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga
9:30	Ballet	Ballet	Ballet	Ballet	Ballet
10:00					
10:30					
11:00		Stretching		Technique	Conversation with Jurgis Kairys: The Power of Focus
11:30	Technique		Technique		
12:00	Variations		Break		
12:30	Break	Break		Contempo	
1:00					
1:30			Character	Break	Break
2:00	Character	Technique			
2:30		Variations	Variations	Variations	Variations
3:00					
3:30	Acting				

Week 2					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga
9:30					
10:00	Ballet	Ballet	Ballet	Ballet	Ballet
10:30					
11:00		Stretching		Break	Break
11:30	Technique		Technique	Carlos dos Santos	Carlos dos Santos
12:00	VAR		Break	Contemporary	Contemporary
12:30	Break	Break			
1:00					
1:30			Character	Break	Break
2:00	Character	Technique		Technique	Technique
2:30		Variations	Carlos dos Santos	Variations	Variations
3:00			Contemporary		
3:30	Acting		Variations		

Week 3					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga
9:30					
10:00	Ballet	Ballet	Ballet	Ballet	Ballet
10:30					
11:00		Stretching		Pointe	
11:30	Technique		Pointe		
12:00	VAR				Preparation to the show
12:30			Break	Break	
1:00	BR	Break		Carlos dos Santos	
1:30		Carlos dos Santos	Character	Contemporary	Break
2:00	Character	Contemporary		Variations	
2:30		Variations	Variations		SHOW
3:00					
3:30	Acting				